










Arrow Montessori School Lunch Menu - February 2012

		Wednesday February 1	Thursday February 2	Friday February 3
		Jumbo Turkey Taco w/ W/G Flour Tortilla Lettuce & Cheese Cup Refried Beans Chips & Salsa	Piazza Pizzeria Slice Side Salad w/ Ranch Dressing Fresh Fruit	Cheeseburger w/ Lettuce & Pickle Chins Potato Starz Rosati "Cry Baby" Sour Cherry Fruit Cup Bagged Baby Carrots
Monday February 6	Tuesday February 7	Wednesday February 8	Thursday February 9	Friday February 10
Teriyaki Beef Stir Fry w/ Noodles & Mixed Veggies Crunchy Wonton Chips Rice Krispie Treat	WG Chicken Patty Sandwich Potato Starz Garden Side Salad w/ Ranch Dressing Fresh Fruit	Rotelle Spiral Pasta w/ Meat Sauce Garlic Cheesy Breadstick Seasoned Green Beans 2oz Whole Fruit Bar	Tony's Deep Dish Pizza Side Salad w/ Ranch Dressing Fresh Fruit	Cheese Quesadilla w/ Zesty Salsa Garden Salad w/ Dressing Bagged Apple Slices
Monday February 13	Tuesday February 14	Wednesday February 15	Thursday February 16	Friday February 17
Holiday No School Lincoln's Birthday 	Heart Shaped Chicken Nuggets Heart Shaped Valentine Cookie Sweet Heart Cherry Italian Ice Side Salad w/ Ranch Dressing 	Breakfast for Lunch W/G French Toast Sticks Turkey Sausage Links Applesauce Orange Slices	Piazza Pizzeria Slice Side Salad w/ Ranch Dressing Fresh Fruit	Creamy Nacho Cheese Dip w/ Tortilla Chips Refried Bean Cup Zesty Salsa Side Whole Fruit Cup 
Monday February 20	Tuesday February 21	Wednesday February 22	Thursday February 23	Friday February 24
Holiday No School President's Day Washington's Birthday 	Crunchy Chicken Sticks President's Day Smart Cookie Side Salad w/ Ranch Dressing Fresh Fruit	Turkey Sloppy Joes Loaded Potato Strip Seasoned Veggies Chocolate/Vanilla Pudding Cup	Tony's Deep Dish Pizza Side Salad w/ Ranch Dressing Fresh Fruit	Macaroni & Cheese Corn Muffin Veggie Beans in bbq sauce 2oz Whole Fruit Bar 
Monday February 27	Tuesday February 28	Wednesday February 29	Featuring	Lunch All meals offer 1% white milk or choice of 8oz 100% Juice Garden Items offered at lunch: May be one or more of Fresh fruit, canned fruit, frozen fruit cup, green salad, carrots & celery sticks, vegetable mix, seasoned vegetables, bagged apples slices and oven fries
Lil' Cheese Pizza Rolls w/ Marinara Dipping Sauce Bagged Baby Carrots Frozen Peaches Fruit Cup	Sweet & Sour Chicken Stir Fry w/ Noodles & Mixed Veggies Mini Chocolate Chip Muffin Loaf Garden Salad w/ Dressing	Shredded Beef Soft Taco Lettuce & Cheese Cup Pinto Beans Chips & Salsa	 Thursdays!	

FEBRUARY



What's for Lunch?

