



Arrow Montessori School
Lunch Menu
 818 West Gladstone Street San Dimas, CA 91773

September

Monday	Tuesday	Wednesday	Thursday	Friday
	2 Chicken Nuggets Glazed Proball	3 Honey BBQ Beef Ribbq Sandwich	4 Red Baron French Bread Cheese Pizza	5 Honey BBQ Beef Ribbq Sub Sandwich
8 Turkey & Cheese Super Sub Sandwich Lay's Potato Chips Chocolate Cake Cookie	9 ABC Shaped Chicken Nuggets Chortles Mini Chocolate Chip Cookies	10 Seasoned Beef Taco	11 Red Baron French Bread Cheese Pizza	12 Chicken Taquitos
15 Mini Chicken Corn Dogs Potato Starz 	16 Chicken Stix Belly Bears Crackers	17 Breakfast for Lunch French Toast Sticks Turkey Sausage Link Orange Juice	18 Red Baron French Bread Cheese Pizza	19 Roasted Chicken & Waffle 
22 Super Pretzel Bites Cheezy Cheese Sauce "Rosati Sour Cherry Fruit Cup"	23 Touchdown Chicken Nug- gets Mini Muffin	24 Rotelle Pasta w/ Beef Meatballs in Marinara Sauce Stuffed Cheese Breadstick	25 Red Baron French Bread Cheese Pizza 	26 Crispy Chicken Breast Patty Smucker's Maple Snack n' Waffle
29 Bean & Cheese Burrito	30 Popcorn Chicken Pepperidge Farm Goldfish Cracker	All meals offer 1% plain milk Items offered at lunch: May be one or more of Fresh fruit, canned fruit, frozen fruit cup, green salad, carrot sticks, celery sticks, vegetable mix, bagged apples slices and oven fries		